



EXPERIENCE THE HEALTH BENEFITS DRIVEN BY
the difference for tomorrow!

Clear soup with balls

Ingredients for 3 L soup

preparation time: 60 minutes

- 500 gram minced chicken
- 1 bag of frozen soup vegetables
- 3,5 L water
- 2 tablespoons vegetable stock

Preparation

Put the soup vegetables together with the water and the vegetable stock in a large bowl and put on the fire.

Roll small meatballs and keep them aside.

Let the soup simmer for about 45 minutes to 1 hour. Put the balls in the soup for the last 15 minutes.

Tip: don't you eat meat? Omit the balls or replace them with a vegetarian alternative such as falafel balls.

Enjoy your meal!

