



EXPERIENCE THE HEALTH BENEFITS DRIVEN BY
the difference for tomorrow!

Superfood Granola

Ingredients for 1 person

Preparation time: 5 minutes

Baking time: 35 minutes

Ingredients

- 2 to 3 tablespoons vegetable and lactose-free yogurt
- Gutness granola (30 gram)
- Optional: mint, sesame, cocoa nibs (to finish)

From phase 2: with berries of your choice

Preparation

Combine all ingredients in a breakfast bowl and enjoy!

Tip: also delicious as a snack 🍴

Enjoy your meal!

